

Endoscopy & Colonoscopy Preparation

PREPARATION

- **Colonoscopy only or Endoscopy + Colonoscopy: Days Before the Procedure**
 - No food, only clear liquids all day (especially nothing of the color **red**)
(i.e.: 7up, Squirt, Water, Chicken Broth, Jello (no red), Popsicles, Gatorade)
 - Mix ___ scoops of **Miralax** in ___ oz. of clear liquids. Take it throughout the day.
 - ___ **Dulcolax** (stool softener pills) two days before procedure in the evening before bedtime,
___ **Dulcolax** (stool softener pills) the day before procedure in the evening before bedtime.
 - NPO (nothing by mouth) after midnight the day of the procedure, not even water!
 - * *Both Miralax and Dulcolax are over-the-counter*

- **Endoscopy only**
 - NPO (nothing by mouth) after midnight the day of the procedure, not even water!

- **Colonoscopy or Endoscopy for Infants**
 - NPO (nothing by mouth) for 1 hour before the procedure.

PROCEDURE DAY

Date: _____

Time: _____
 We will call you the week before the procedure with the time.

Please arrive promptly one hour before your scheduled procedure.

- **Specialty Surgical Center of Encino**
(Corner of Ventura/Hayvenhurst)
16501 Ventura Blvd. Ste 103
Encino, CA 91436
(818) 501-1080
- **Providence Tarzana Medical Hospital**
(Check in at Main Admitting)
18321 Clark St
Tarzana, CA 91356
(818) 881-0800

Procedure fees collected from our office are Dr. Bahar's fees only. Please contact the Specialty Surgical Center or Tarzana Hospital directly for information about any additional facility and anesthesiologist fees.


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